Refl' Action

NEWSLETTER #1

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Do you want to enhance new educational practices in life in the long run?
Are you looking for new ways to support the well-being and transferability of learning?
Do you want to adopt an active lifestyle aimed at conscious growth?
*The **Refl' Action** project is for you!*

What is Refl' Action?



An Erasmus+ KA2 project which focuses on using Reflection as a practice to promote the well-being and transferability of learning to empower young people. *Read more*

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First Transnational Meeting



Corse, France | 22-27 / 01

The first activity of Refl' Action Project is completed!

The three organizations from CPIE Centre Corse - A Rinascita from France, Kamaleonte from Italy, and Youthmakers Hub from Greece worked together, having brainstorming sessions, exchanging good practices between youth actors, and experiencing practical examples of reflection practices in nature. The activity took place in Corse. *Read more*

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Refl' Action Research



The paper by **Francesca Salmeri**, *"The meaning and value of reflection: finding a common definition"* is available in Greek, Italian, and French. *Read more*

Refl' Action Infographics



The best way to explore the project is through its infographics! *Read more*

Refl' Action Vidcast Series "Reflection Talks"

Check out episode #1 of Reflection Talks, "Why is reflection so important to build an educational experience?" presented by Marilena Maragkou, Co-founder from Youthmakers Hub, Greece, and Mario D'Agostino, President & Founder from Kamaleonte, Italy. Subscribe to the Youthmakers Hub YouTube Channel for more Reflection Talks.



Reflection Talks | Episode #1 - Why is reflection so important to build an educational experience?

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